

Minutes School Council Meeting 5- 13/4/16

Apologies: All in attendance, except for year 1 who were on a trip.

1. Changes to school food meeting with Emma South and Allison Dally

Erin Mayers introduced Mrs South to School Council and School Council members to Mrs South! Then each class fed back their ideas.

- SD class

Breakfast Club= Pancakes

Fruit tuck =More variety of fruits

Hot Dinners =Squash, sweet lemon chicken, different sauces on the pasta

Cold Dinners=More variety

- SG class

Breakfast Club=brown toast

Fruit tuck=More blueberries, blackberries, and peaches

Hot Dinners=Carbonara and eggs

Cold Dinners=would like wraps wrapped up and pasta salad

- ST class

Breakfast Club=Porridge and Yogurt

Fruit tuck=Carrot sticks and cucumber sticks

Hot Dinners=Fish and sweet potato chips

Cold dinners=Different Pasta

- GM class

Breakfast Club=Porridge and pancakes

Fruit tuck=Fruit salads in bags and carrot sticks

Hot Dinners=Potato wedges instead of chips and frozen yogert with fruit. Ratatouille

Cold Dinners=More variety

- JCP class

Breakfast Club=Pancakes

Fruit tuck=Different variety of fruit

Hot Dinners=Fruit for dessert. Bigger portion sizes

- FC class

Breakfast Club=Fruit salads and fruit kebabs

Fruit tuck= New fruit

Hot Dinners=Macaroni cheese, Vegetable curry and sweet potato fries. Noodles instead of pasta

Cold Dinners=soup as a choice in winter instead of salad

- *Rahimah and Lamisha represented the children in the school who have a different culture or religion or those who are vegetarians or vegan. They suggested Quorn based food like sausages, mince. We would like more vegetable foods like soups or vegetable casseroles.*
- *Lots of pupils said that the water served was warm, as well as the yogurts.*

Mrs South was very pleased and fed back on our ideas. Here were the points she made;

- *She explained that primary schools are only allowed to provide milk and water.*
- *She told us about the "Eat well wheel" to explain how the Welsh Government analyze what can go on the menu.*
- *She informed us that schools are not allowed extra salt in the meals and there is a type portion controls on the protein (ham, cheese, tuna, etc)*
- *She liked our fruit ideas but explained that some fruits were too expensive.*
- *She suggested that older pupils train younger one how to fold a salad wrap so that they can enjoy it more.*
- *She explained that the cake deserts have to have fruit at the bottom, to cover having two fruit based deserts a week.*

- She would speak to the canteen staff about making sure the water and yogurts are cold.

Here are the foods that she will talk to the catering team and our school canteen staff about introducing;

- Porridge and brown toast in breakfast club
- Pears carrots and cucumber in fruit tuck
- Mixed bags of fruit with the apples cut up
- For hot meals she will look to trial chilli, ratouille, vegetable currys, vegetable soups and carbonara.
- She will look to trial sweet potato options and bring back sweet lemon chicken.
- For cold options she will ask our cook to make pasta salad.
- For desert she will look to put frozen yogurt and fruit or plain jelly and fruit on the menu more often.
- She liked the idea of having a vegetarian day for all pupils to have a vegetarian meal, such as vegetable curry, or quorn sausages/bolognaise.

Mrs South will need to trial any new ideas, so these may take up to a year to put into place. She said she would like to choose our school to return to and trial and new meals with us.

She will try and put any breakfast or fruit tuck suggestions into place, within a month.

David Evans thanked Mrs South for attending.

2. AOB

- Checked E-mails
- Mrs Everson showed us an E-mail from Mrs Cresswell asking for us to make a school council display board showing all of the hard work we've done this year. Some school council members began to remove the old pupil voice board and chose the colours they would like for the new board. They put up a School Council banner, ready to display work.
- School Council would like to know if the attendance script for encouraging individual pupils, will be put into place soon. Mrs Everson will talk to staff about it in staff meeting today (13/4/16.)

Meeting ended at 3:00